October Newsletter

MLP RESIDENCE
the premier wellness lifestyle for seniors





A Note From The Editor

It's officially sweater weather. With fall comes many activities. Oktoberfest, Halloween, Thanksgiving, PEC municipal election..... all happening at MLP. As cooler weather lingers our residents are still getting outside and enjoying the sunny afternoons. October 1 is National Seniors Day and we are planning an open house, & meet n greet at MLP between 1:30 - 3:330pm.

I would like to take this opportunity to wish everyone a happy and safe thanksgiving. May your hearts be full with family memories and your bellies be full with lots of delicious food. May we also remember those who have lost loved ones and savour the wonderful memories we share.

I am also planning for Christmas events and if anyone is willing to volunteer it would be great to have you.



Lisa Conley
Activities & Wellness Coordinator

In this newsletter you can expect:

- September Highlights
- Resident Kindness & Cheers for Peers
- What's Happening at MLP
- Upcoming Events
- Laughing Matters
- Noticeboard

September Highlights & What's To Come

A few highlights from September - we participated in the Picton Fair with both a display table and an info booth. Thank you to our staff who made it possible and the residents who allowed us to display their crafts & artwork. We had a trip to Campbell's Orchards which was enjoyed by everyone and the weather was perfect. Thank you to Peter Rea who entertained us again at our monthly birthday celebration. Thank you to hospice for their donation of apple crisp for our Applefest social, it was delicious and greatly appreciated. Thank You to Quinte Isle Quartet who have been coming in to play for our residents. It is a joy to have you all at MLP.

The municipal election will be Monday October 26. There will be an opportunity to vote at MLP for the residents from 1:00 - 3:00pm. October is going to be another busy month with Oktoberfest, our Halloween Dress Up party will take place October 30th and we really do go all out. We have IPAC week, residents annual training will be taking place. Live entertainment - James Skarnikat & The Quinte Isle Quartet. We are planning to get outside for our weekly walk n talk as long as the weather will allow. We also will be having our annual fall leaves tour throughout PEC to take in the beautiful scenery.

Cheers for Peers

🎉 Congratulations, Maninder, on being our Cheers for Peers winner at MLP! 🎉
As a valued member of the Care Team, you bring kindness, compassion, and a positive attitude to everything you do. Your dedication to supporting others and making a difference does not go unnoticed. Thank you for being such a wonderful teammate and for always showing up with care and commitment. You truly make our team stronger, and this recognition is so well deserved!
💙👏



Kindness

Congratulations to Audrey McDermott, our MLP Kindness Award winner! 💛
Audrey is a wonderful resident who brings kindness, warmth, and positivity to those around her. Her caring nature and thoughtful gestures make MLP a brighter and more welcoming place for everyone.
We are so happy to celebrate Audrey and recognize the kindness she shares with others each day. Congratulations, Audrey—you truly deserve this special recognition! 🌷



September Highlights



Birthday Party with Peter Rea



Classical Music with Regina



Applefest Social



Fair Display



Trip To Campbell's Orchards



Orange Shirt Day

Noticeboard - Post It



National Seniors Day Open House - October 1



Live Entertainment - James Skarnikat - October 6



Fall Leaves Tour - October 8 Sign Up



Oktoberfest Party - October 15



Birthday Party with Quinte Isle Quartet - October 21



Halloween Dress Up Party - October 30

October Events

Seniors Day Celebration - October 1

Live Entertainment - October 6

Free Methodist Church - October 7

Fall Leaves Tour - October 8

Resident's Annual Training - October 9

Emmanuel Baptist Bible Study - October 13, 27

Classical Music with Regina - October 10, 24

Oktoberfest Party - October 15

Library Drop Off - October 16

Anglican Church Service - October 16

IPAC Week - October 19 - 23

St Gregory's Catholic Service - October 20

Birthday Party with Quinte Isle Quartet - October 21

Pumpkin Carving - October 22

PEC Election Day - October 26

Halloween Dress Up Party - October 30

Program Dates:

Hair Salon: by appointment – Fridays
Open Swim: Monday & Thursdays 1:30pm – 3:00pm
Tuck Shop: Thursdays – 10:00am-11:00am
Knitting Group - Thursdays 10:15am
Exercises: Monday, Wednesday & Friday
Library Drop Off: October 16
Happy Hour: Fridays 2:45pm



October Birthdays

Dieny B – October 8
Martha M – October 9
Maninder J – October 10
Gerda N - October 11
Lynn E - October 11
Fred D – October 20
Allan M – October 29
Gena G - October 29



Welcome New Residents

Audrey Rose

We hope you are comfortable and enjoy your new home at MLP!!

Laughing Matters

Why did the turkey join the band? Because it had the drumsticks! 🦃🥁

What's a turkey's favorite dessert? Peach gobbler! 🦃🍑

Why did the cranberry turn red? Because it saw the turkey dressing! 😳

What did the turkey say before dinner? "Let's get this stuffing started!" 🦃

Why did the turkey cross the road? To prove he wasn't chicken! 🐔🦃

Why don't skeletons fight each other? They don't have the guts. 💀

What do you call a witch's garage? A broom closet! 🧙‍♀️

Why did the vampire read the newspaper? He heard it had great circulation. 🧛‍♀️

What's a ghost's favorite dessert? I-scream! 👻

Why was the jack-o'-lantern afraid? It had no guts! 🎃





Thank you for reading!

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