

# June Newsletter



## A Note From The Editor

June is here and we are celebrating it in a big way. We will be celebrating dad's. It is a one of the biggest & toughest jobs ever and we are looking forward to a fun filled day as the Quinte Isle Trio performs for us. May has been a very busy month and if we learned anything winter and cold weather than linger. Great if you like the cold. At MLP we came together and celebrated mom's, nurses & psw's as we hosted a spirit week doing some fun days. Myself, Jamie, Krista & Margaret showed our dancing skills as we performed the Macarena at our cinco de mayo party & I had no idea the amount of strength our residents have as they smashed that piñata.

We have lots planned for June. The biggest is our Seniors Community Fair. Details are in the newsletter and be sure to check out all our pictures from events on our Facebook page.

*Lisa Conley*  
Activities & Wellness Coordinator



### In this newsletter you can expect:

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May  
Highlights

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Resident  
Kindness &  
Cheers for Peers

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What's  
Happening at  
MLP

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Upcoming  
Events

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Laughing  
Matters

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Noticeboard

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## May Highlights & What's To Come

At MLP in May we celebrated our nurses and psw's for all they do by having a spirit week. Thank you for all that you do. The dedication & the time you commit is second to none. This month we enjoyed our luncheon out at the O'Connor house, I am trying to get a walking group started so if interested please sign up, we celebrated mom's, we enjoyed cuddling with a few ridgeback puppies, Lisa, Krista, Jamie & Margaret showed off their dancing skills as we danced the Macarena at our cinco de mayo party, thank you Gena for playing the piano for us. We had a fabulous mother's day celebration and presented all the ladies with cute bee pendants & a flower as the honky tonk man performed for everyone.

June is shaping up to be another exciting month at MLP. Trip to the Quinte Mall. The county school of dance is performing, the OPP are coming in to inform our residents on fraud prevention and protection, we are hosting a community seniors fair featuring vendors, a bbq, alpacas & the Reasons, last but not least we will be celebrating dad's. As usual we encourage family & friends to join us. June 30<sup>th</sup> is our Canada Day early celebration & we have a falls prevention presentation this month.



### Cheers for Peers

A huge congratulations to Joanne Dullard for being this month's Cheers for Peers winner at MLP Residence! Your positivity, kindness, and dedication clearly make a lasting impact on both residents and your coworkers every single day. The way you bring warmth, encouragement, and genuine care to the MLP community does not go unnoticed. This recognition is so well deserved, and it's a reflection of the incredible energy and compassion you bring to everything you do. Keep shining, Joanne — you help make MLP a truly special place! ☀️  
([mlpresidence.ca](http://mlpresidence.ca))



### Kindness

MLP Residence is lucky to have residents like Cathy Dulmage. Cathy's kindness, warmth, and caring spirit help make the residence feel like a true community. Whether through her friendly conversations, support for fellow residents, or the positivity she shares every day, she has clearly made a meaningful difference in the lives of people around her. Winning the Kindness Award is a wonderful recognition of the compassion and generosity she brings to MLP Residence. Congratulations to Cathy on this well-deserved honour!



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# May Highlights



Birthday Party



Jersey Day



Cinco de Mayo



Mother's Day Social Nurses Week Celebration



The O'Connor House



Puppy Visit



Tetris Tumble

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Noticeboard - Post It



OPP Fraud Discussion  
June 2



Quinte Mall Shopping Trip  
June 4



Chair Yoga - June 29th



County School of Dance - June 9<sup>th</sup>



Birthday Party with Steve Battig - June 17



Father's Day Day Social  
Live Entertainment June 18

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Noticeboard - Post It



Seniors Fair - MLP - June 24

Join us from 12:30 - 3:30pm for a fun filled day enjoying a bbq, information booths, Alpacas & The Reasons



MLP Walk for Hospice & Alzheimers - June 30



Canada Day Celebration - June 30

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## June Events

OPP Fraud Prevention Presentation - June 2nd

Trip To Quinte Mall - June 4th

National Best Friends Day - Twins Day - June 8th

County School of Dance - June 9th

Matt Cage - June 9th - Cancelled

Emmanuel Baptist Bible Study - June 9<sup>th</sup> & 23<sup>rd</sup>

Residents Meeting - June 10th

Falls Prevention Presentation - June 10th

Salvation Army Church Service - June 14<sup>th</sup> & 28th

Men's Social - June 11th

Clothing Swap Day - June 16th

Tai Chi - June 16th

St Gregory's Catholic Church - June 16th

Birthday Party with Steve Battig - June 17th

Father's Day Social Live Entertainment - June 18th

Anglican Church Service - June 19th

Community Seniors Fair - June 24th

Chair Yoga with Casey - June 29th

MLP Memory Walk - June 30th

Canada Day Celebration - June 30th

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## Program Dates:

Hair Salon: by appointment – Fridays  
Open Swim: Monday & Thursdays 1:30pm – 3:00pm

Tuck Shop: Thursdays – 10:00am-11:00am

Exercises: Monday, Wednesday & Friday

Library Drop Off: June 19

Happy Hour: Fridays 2:30pm Cash Only Please



## June Birthdays

Doris C - June 2

Colleen White - June 8

Lori McCormick - June 13

Ruth C - June 15

Charlene Murphy - June 17

Allison Burris - June 27

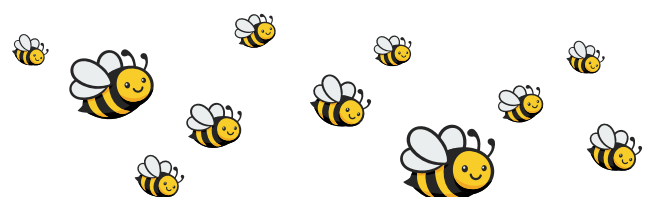


Welcome New Residents

Robert & Doris Comeau

Truda Morin

We hope you are comfortable and enjoy your new home at MLP!!



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## LAUGHING MATTERS

1. Happy Father's Day to the dad who taught me everything I know...  
Except how to stop hitting "reply all."

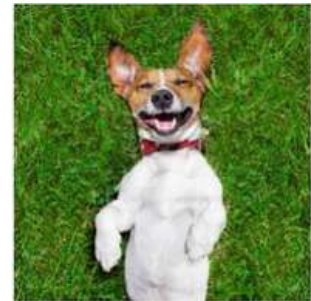
2. Dad, thanks for always saying "yes"  
after Mom already said "no."

3. Why did the dad bring a ladder to Father's Day brunch?  
Because he heard the steaks were high.

4. Fatherhood is great.  
You can ruin someone's music taste before they even start kindergarten.

5. What's a dad's favorite Father's Day gift?  
Pretending he doesn't want anything.

6. Dad: "I was your age once."  
Kids: "Yeah, but Wi-Fi probably wasn't invented yet."



7. Why are dads great at barbecues?  
Because they know how to grill you and the burgers.

8. Happy Father's Day to the guy who still can't find the ketchup  
even though it's right in front of him.

9. What's the most "dad" thing ever?  
Paying for a streaming service and still falling asleep during the movie.

Dad's Father's Day schedule:

- Open gifts
- Tell everyone not to spend money next year
- Take a nap in the recliner
- Repeat annually

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## Celebrating Seniors: Honouring the Heart of Our Community

June is Seniors Month — a special time to recognize and appreciate the older adults who have helped shape our families, neighbourhoods, and communities. At MLP, we believe seniors deserve opportunities to connect, laugh, share stories, and continue being an active part of community life, which is why we are excited to host our Seniors Celebration Fair on June 24th in Prince Edward County.

Seniors are the foundation of our communities. They are parents, grandparents, mentors, volunteers, caregivers, and friends whose experiences and wisdom continue to guide future generations. Celebrating seniors is about more than hosting an event — it is about showing gratitude and creating spaces where seniors feel valued, included, and connected.

Community events play an important role in reducing isolation and supporting emotional well-being. A simple afternoon spent listening to music, enjoying conversation, participating in games, or sharing a meal can make a meaningful difference. Events like these also bring generations together and help strengthen the connections that make Prince Edward County such a special place to live.

We invite everyone to join us on June 24th from 12:30–3:30 PM at 13468 Loyalist Parkway in Picton for an afternoon of fun, laughter, entertainment, and community spirit. From local vendors and alpacas to live music by The Reasons and a free BBQ, there will be something for everyone to enjoy as we celebrate the seniors who continue to inspire our community every day.

**MLP RESIDENCE**  
the premier wellness lifestyle for seniors

# Senior's Fair

**FREE EVENT!**

**June 24 12:30 - 3:30 pm**  
Live entertainment by **The Reasons**  
Raindate: **June 25**

**The REASONS**  
50's, 60's, 70's, 80's  
Classic Rock

**Community Event**  
with bbq, vendor fair, prizes

**613.476.0444**  
ext. 502

13468 Loyalist Parkway  
Picton

★★★★★

*Thank you for reading!*

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